

Activity Plan

<i>Title</i>	Little Sally Walker Game
<i>Subject</i>	Steady Beat
<i>Author</i>	Lesson Zone
<i>Grade level</i>	K-2
<i>Time duration</i>	30 mins
<i>Overview</i>	Using a rhyme to teach steady beat
<i>Objective</i>	Performing: Singing, alone and with others, a varied repertoire of music Students will demonstrate an understanding of steady beat as they participate in this "singing" game.
<i>Materials</i>	'Little Sally Walker' Rhyme (provided within lesson plan)
<i>Activities and procedures</i>	<p>Step 1</p> <p>Teach Little Sally Walker. Begin by chanting the lyrics phrase by phrase. When your students have learned the first phrase, move on to the next phrase. Maintain a steady beat throughout this process by tapping the quarter note on your knees.</p> <p>Little Sally Walker, Sitting in a saucer, Rise Sally rise, Wipe out your eyes, Turn to the east, And turn to the west, And turn to the one that you like best.</p> <p>Step 2</p> <p>Ask students to sit in a circle. Choose a student to stand in the middle of the circle. This student will be the first "it" child.</p> <p>Step 3</p>

Ask students to chant the "Little Sally Walker" rhyme while patching a steady beat on their knees. The "it" student follows the directions provided by the chant.

- Little Sally Walker - Sit in the middle of the circle.
- Sitting in a saucer - Remain seated.
- Rise Sally rise - Stand up.
- Wipe out your eyes - Wipe eyes.
- Turn to the east - Spin in one direction with right arm extended and index finger pointing at students in the circle.
- And turn to the west - Spin in the opposite direction.
- And turn to the one that you like best - Stop spinning. This student is the next "it" child.

Step 4

Repeat several times to allow students to be selected as the "it" child.

Conclusions

Enter conclusions

Adaptations

- If there is only one student playing, you can adapt to make it a game of Red Light/Green Light. You can also adapt it to be a game of Freeze and Go or Hide and Seek
- You can change the chant to nursery rhymes or favorite childhood songs that you know.

Links and Websites

An Updated Version of the Game:

<https://www.youtube.com/watch?v=4t9dmogwNLE>